

WHAT TO DO WHEN

You Get Discouraged

Joshua 1:9 This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go.”

Nehemiah 6:4 Four times they sent the same message, and each time I gave the same reply.

5 The fifth time, Sanballat’s servant came with an open letter in his hand,

6 and this is what it said: “There is a rumor among the surrounding nations, and Geshem tells me it is true, that you and the Jews are planning to rebel and that is why you are building the wall. According to his reports, you plan to be their king.

7 He also reports that you have appointed prophets in Jerusalem to proclaim about you, ‘Look! There is a king in Judah!’ “You can be very sure that this report will get back to the king, so I suggest that you come and talk it over with me.”

8 I replied, “There is no truth in any part of your story. You are making up the whole thing.”

9 They were just trying to intimidate us, imagining that they could discourage us and stop the work. So I continued the work with even greater determination.

Why Do We Get Discouraged

We Begin To _____ About Our Circumstances

Nehemiah 4:10 Then the people of Judah began to complain...

We Get _____

Nehemiah 4:10 Then the people of Judah began to complain, “The workers are getting tired...”

We Have A Wrong _____

Nehemiah 4:10 Then the people of Judah began to complain, “The workers are getting tired, and there is so much rubble to be moved...”

We Get Frustrated And Feel Like A _____

Nehemiah 4:10 Then the people of Judah began to complain, "The workers are getting tired, and there is so much rubble to be moved. We will never be able to build the wall by ourselves."

We Allow _____ To Control Us

Nehemiah 4:11 Meanwhile, our enemies were saying, "Before they know what's happening, we will swoop down on them and kill them and end their work."

12 The Jews who lived near the enemy came and told us again and again, "They will come from all directions and attack us!"

What Do We Do When We Get Discouraged

_____ On The Armor Of God

Nehemiah 4:13 So I placed armed guards behind the lowest parts of the wall in the exposed areas. I stationed the people to stand guard by families, armed with swords, spears, and bows.

Ephesians 6: 11 Put on all of God's armor so that you will be able to stand firm against all strategies of the devil.

12 For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

13 Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm.

14 Stand your ground, putting on the belt of truth and the body armor of God's righteousness.

15 For shoes, put on the peace that comes from the Good News so that you will be fully prepared.

16 In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil.

17 Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God.

The Lord

Nehemiah 4:14 Then as I looked over the situation, I called together the nobles and the rest of the people and said to them, “Don’t be afraid of the enemy! Remember the Lord, who is great and glorious, and fight for your brothers, your sons, your daughters, your wives, and your homes!”

Psalm 42:5 Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise him again— my Savior and
6 my God! Now I am deeply discouraged, but I will remember you— even from distant Mount Hermon, the source of the Jordan, from the land of Mount Mizar.

11 Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise him again— my Savior and my God!

Have The _____ To Keep Going

Nehemiah 4:15 When our enemies heard that we knew of their plans and that God had frustrated them, we all returned to our work on the wall.
16 But from then on, only half my men worked while the other half stood guard with spears, shields, bows, and coats of mail. The leaders stationed themselves behind the people of Judah
17 who were building the wall. The laborers carried on their work with one hand supporting their load and one hand holding a weapon.
18 All the builders had a sword belted to their side. The trumpeter stayed with me to sound the alarm.

2 Corinthians 4:8 We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair.

Galatians 6:9 So let’s not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don’t give up.

Hebrews 12:1 Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.

2 We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God’s throne.

3 Think of all the hostility he endured from sinful people; then you won’t become weary and give up.

4 After all, you have not yet given your lives in your struggle against sin.

Be _____ For God To Fight For You

Nehemiah 4:19 Then I explained to the nobles and officials and all the people, "The work is very spread out, and we are widely separated from each other along the wall.

20 When you hear the blast of the trumpet, rush to wherever it is sounding. Then our God will fight for us!"

Isaiah 41:10 Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you.

Romans 8:31 What shall we say about such wonderful things as these? If God is for us, who can ever be against us?