

Give Up to Go Up
Pastor Blake Hanson – July 5, 2020

Big Idea: When we regularly _____ on Jesus, it becomes less about what we _____ and more about _____.

Matthew 16:24-25 24 Then Jesus said to his disciples, “If any of you wants to be my follower, you must **give up** your own way, take up your cross, and follow me. 25 If you try to hang on to your life, you will lose it. But if you **give up** your life for my sake, you will save it. (NLT)

Today’s Hang Up: We all have _____ in our lives that we need to continually give up and get over.

2 Corinthians 4:7-12 7 We now have this light shining in our hearts, but we ourselves are like fragile clay jars containing this great treasure. This makes it clear that our great power is from God, not from ourselves. 8 We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair. 9 We are hunted down, but never abandoned by God. We get knocked down, but we are not destroyed. 10 Through suffering, our bodies continue to share in the death of Jesus so that the life of Jesus may also be seen in our bodies. Yes, we live under constant danger of death because we serve Jesus, so that the life of Jesus will be evident in our dying bodies. 12 So we live in the face of death, but this has resulted in eternal life for you. (NLT)

WE GIVE UP AND GO UP BY...

1) Staying _____ when _____.

2 Corinthians 4:8a We are pressed on every side by troubles, but we are not crushed. (NLT)

2 Corinthians 1:8 We think you ought to know, dear brothers and sisters, about the trouble we went through in the province of Asia. We were crushed and overwhelmed beyond our **ability to endure**, and we thought we would never live through it. (NLT)

2) Relying on God for _____ and _____.

2 Corinthians 4:8b We are perplexed, but not driven to despair. (NLT)

Psalms 9:18 But God will never forget the needy; the hope of the afflicted will never perish. (NIV)

3) Holding on to God’s _____.

2 Corinthians 4:9a We are hunted down, but never abandoned by God. (NLT)

John 15:18 “If the world hates you, keep in mind that it hated me first.” (NIV)

Proverbs 29:25 Fearing people is a dangerous trap, but trusting the Lord means safety. (NLT)

4) Remaining _____ against _____.

2 Corinthians 4:9b We get knocked down, but we are not destroyed.

Psalms 37:24 Though they stumble, they will never fall, for the LORD holds them by the hand. (NLT)

Hebrews 5:8 Although, he was a son, he learned obedience through what he suffered. (ESV)

5) Knowing Jesus brings _____ and _____ to each of us.

2 Corinthians 4.10-12 Through suffering, our bodies continue to share in the death of Jesus so that the life of Jesus may also be seen in our bodies. 11 Yes, we live under constant danger of death because we serve Jesus, so that the life of Jesus will be evident in our dying bodies. 12 So we live in the face of death, but this has resulted in eternal life for you. (NLT)

Matthew 16.25 If you try to hang on to your life, you will lose it. But if you **give up** your life for my sake, you will save it.

Big Idea: When we regularly **focus** on Jesus, it becomes less about what we **give up** and more about **going up**. (Eternal Life)

OUR HOPE THIS WEEK IS...

We **evaluate** areas in our lives that we need to **give up** so we can focus on what it means to **go up**.

Journaling | Hard Conversations | Accountability | Counseling